**Hebrews: Chapter Four**

In the fourth chapter, for the 4th consecutive time, Jesus is declared as the High Priest. Hebrews opens with the concept of rest in God from two perspectives. First, we cannot expect rest if we are disobedient! yet, God does offer us rest just as God rested from labor on the 7th Day. The emphasis is on obedience and the outcome for those who do not obey and for those who do.

The writers go on to explain that the word of God is fierce and sharp for our understanding. As noted, the writer reminds us that Jesus, the Son of God, is our High Priest, adding that the Lord is empathetic and concerned about all of our needs.

I. No Rest for the Disobedient (1-6)

II. Enter the Rest of God and be Diligent (7-11)

III. The Word of God, Sharper Than a Sword (12-13)

IV. Jesus, the Empathetic One (14-16)

Questions for Study:

1. Psalm 95 is quoted again and this chapter; what is the relevance of the text in this instance?

2. In what ways does Jesus show empathy and concern for us today? How did the Lord do the same while on earth?

3. The writer mentions Joshua when speaking of the concept of rest. What in Joshua's ministry or activities relates to this segment in Hebrews?

**Notes**:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_