Lenten Theology and Doctrine



1. Lent is not a sacrament; it is a ritual or tradition
2. Lenten observances are not practiced in all denominations
3. The Catholic Church is the most prevalent practicing denomination
4. The sacrifices made during the 40-day season are for the glory and to the honor of God
5. The Doctrine of our church supports the practices (fasting, prayer, etc.), but does not specifically mandate observances

Notes:

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